

# October

We encourage all students to come to the cafeteria for breakfast each morning beginning at 7:30AM

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p><b>Breakfast</b> Cereal Toast Fruit Milk</p> <p><b>Lunch</b> Beef &amp; Bean Burrito Corn Lettuce Salad Fruit Milk</p>	<p><b>Breakfast</b> Waffle Juice Milk</p> <p><b>Lunch</b> Goulash Hot Roll Green Beans Fruit Milk</p>	<p><b>Breakfast</b> Cereal Coffee Cake Fruit Milk</p> <p><b>Lunch</b> Corn Dog Fresh Vegetables Fresh Fruit Milk</p>	<p><b>Breakfast</b> Sausage Gravy on Biscuit Juice Milk</p> <p><b>Lunch</b> Personal Pizza Lettuce Salad Fruit Cocktail Milk</p>
7	8	9	10	11
<p><b>Breakfast</b> Cereal Pop Tart Milk Juice</p> <p><b>Lunch</b> Chicken Quesadilla Lettuce Salad Fruit Cake Milk</p>	<p><b>Breakfast</b> Pancakes Fruit Milk</p> <p><b>Lunch</b> Macho Nacho Corn Pudding Fruit Milk</p>	<p><b>Breakfast</b> Cereal Toast Fruit Milk</p> <p><b>Lunch</b> Ham Deli Fresh Vegetables Fresh Fruit Cookie Milk</p>	<p><b>Breakfast</b> Breakfast Burrito Juice Milk</p> <p><b>Lunch</b> Chicken Nuggets Mashed Potatoes Fruit Milk</p>	<p><b>Breakfast</b> Cereal Cinnamon Roll Fruit Milk</p> <p><b>Lunch</b> Pizza Bites Lettuce Salad Fruit Cocktail Milk</p>

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# OCTOBER 2019

14	15	16	17	18
<p style="text-align: center;"><b><u>NO SCHOOL</u></b> <b><u>COLUMBUS</u></b> <b><u>DAY</u></b></p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal Toast Fruit Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Hamburgers Baked Beans Fruit Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Breakfast Pizza Juice Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken Fajita Refried Beans Fruit Cookie Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal Doughnut Fruit Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Spaghetti Garlic Bread Lettuce Salad Milk</p>	<p style="text-align: center;"><b><u>NO SCHOOL</u></b> <b><u>TEACHER</u></b> <b><u>INSTITUTE</u></b></p>
21	22	23	24	25
<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal Fruit Bar Fruit Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Salisbury Steak Mashed Potatoes Fruit Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Sausage Biscuit Fruit Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Turkey Deli Fresh Vegetables Fresh Fruit Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal Toast Fruit Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken &amp; Noodles Peas Fruit Cake Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Scrambled Eggs Toast Juice Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Tacos Lettuce/Cheese Refried Beans Cobbler Milk</p>	<p style="text-align: center;"><b><u>NO SCHOOL</u></b> <b><u>PARENT</u></b> <b><u>TEACHER</u></b> <b><u>CONFERENCES</u></b></p>
28	29	30	31	
<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal Cinnamon Roll Fruit Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Cheesy Chicken Burrito Refried Beans Fruit Cake Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> French Toast Sticks Juice Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Fish Sticks Baked Beans Fruit Bread &amp; Butter Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal Toast Fruit Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Tenderloin on Bun French Fries Fruit Milk</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Breakfast Pizza Juice Milk</p> <p style="text-align: center;"><b><u>Lunch</u></b> Hot Dogs Fresh Vegetables Fresh Fruit Cookie Milk</p>	