

# DALLAS ELEMENTARY SCHOOL DISTRICT #327



## ACTIVITIES HANDBOOK

2022-2023

## **I. PHILOSOPHY**

1. We believe that athletics and other extra-curricular activities are an integral and vital part of the total curriculum and educational process of the school. Athletics and extra-curricular activities are thought of as “co-curricular” because of the close link to the district’s educational process.
2. It is understood that participation in any extra-curricular activity is a privilege, not a right. Therefore, students who choose to participate in any extra-curricular activity are expected to maintain habits and behaviors that will reflect favorably on themselves, their families and the Dallas Elementary School District #327.
3. Extra-curricular activities are defined as athletic teams, clubs, organizations or events not included in the regular graded curriculum: provided, however, that no event shall be included in the graded curriculum merely for the purpose of avoiding the application of this policy.
4. We promote student participation in activities and sports inside and outside of the school setting. Students shall make a commitment to the teams they are a part of. DCES games and meets will be a priority.

## **II. GOALS**

These policies are designed to promote the following goals:

1. To abide by the rules of the Illinois Elementary School Association (IESA) as well as the policies and regulations set forth by the Dallas Elementary School District #327.
2. To teach the benefits of teamwork and cooperation as well as to develop a competitive character and to maintain high standards of sportsmanship.
3. To teach and encourage appropriate health and safety practices in all activities including good nutrition and health habits as well as the use of training rules and regulations which promote personal and team fitness.
4. To promote Dallas Elementary School District #327 athletic and extracurricular programs that enhance and benefit the athletic and extracurricular programs of the District.

## **III. INTERSCHOLASTIC STATEMENT/GUIDELINES**

We believe interscholastic athletics and extracurricular activities are an integral part of the total curriculum of the school. It is believed the following statements reflect our philosophy:

1. Activities must be for all boys and girls who wish to participate.
2. Athletics and extra-curricular must be educational and contain learning experiences that fit into the overall educational program; be controlled by school authorities, both local and state; and have been duly appointed by the School Board.
3. At the 5th/6th grade level the emphasis will be on fun, physical development, skills, social experience, and good sportsmanship.

4. At the 7th/8th grade level the emphasis will be placed on achieving team goals, therefore, students will participate in most, but not all, games.
5. In sports with 5/6 grade and 7/8 grade teams that are administered separately (basketball and volleyball) any player may only "move up" with approval from the Principal of the hosting district in consultation with the cooperating district Principal, and if needed in consultation with the Athletic Directors. If players are needed tryouts will be held for athletes that want to move up. Tryouts are not open to spectators.
6. All 6th, 7th, and 8th grade boys may try out for the baseball team. Tryouts will be held during the first week of August. The baseball team will have a maximum roster of 21 players. All boys must attend tryouts to be considered for the team. An alternative date will be arranged with any boy who cannot attend the regular tryouts. Prior arrangements must be made with the coach.
7. 4th grade will be included in the 5th grade programs when participant numbers are low.

#### **IV. SPORTS AND ACTIVITIES OFFERED**

Boys' Baseball (7/8)	
Boys' Basketball (5/6)	Girls' Basketball (5/6)
Track and Field (5-8)	Student Council (5-8)
Girls' Volleyball (5/6)	Scholastic Bowl (5-8)
Band & Chorus (6-8)	Speech (6-8)
Drama (6-8)	Cross Country (5-8)

#### **V. COOPERATIVE ATHLETIC TEAMS**

In the event that the Dallas Elementary School District #327 is fielding an athletic team in cooperation with another school district, an agreement must be reached as to the regulations to be used for that sport. Dallas Elementary School District #327 participants who wish to participate in a co-op sport will be expected to comply with the rules reached in that agreement.

Co-op agreements have been made with LaHarpe for the following sports:

- Boys' Baseball (7th and 8th)
- Boys' Basketball (5/6 and 7/8)
- Girls' Basketball (5/6 and 7/8)
- Girls' Volleyball (5/6 and 7/8)
- Track and Field (5th, 6th, 7th and 8th)
- Scholastic Bowl (5th, 6th, 7th and 8th)
- Cross Country (5th, 6th, 7th, and 8th)

#### **VI. ADMISSION FEES TO SPORTING EVENTS (subject to change)**

Adults \$ 3.00                  Students \$ 2.00                  Senior Citizen \$ 2.00

## **VII. RULES IN EFFECT**

The rules set forth in this Athletic Code are in effect throughout the school year from the first practice session for any particular sport during a particular school term until the last day of that sport or until the last day of the school term whichever comes last and for twenty-four hours a day, whether or not school is in session and including vacation periods, and holidays. These rules apply on and off campus and for any misconduct at school or school sponsored activity.

## **VIII. INCLEMENT WEATHER**

1. In most situations, if school is cancelled due to weather conditions, athletic and extracurricular activities will be cancelled. If weather conditions worsen on a Saturday or later in the evening, the decision to cancel will be made by the athletic director or administrator. Coaches and media will be notified of the cancellation. Parents will receive a school all-call message.
2. All athletic practices and games/events are cancelled on days when school is dismissed early or not in session due to weather conditions.
3. Under certain circumstances, a game may be played the night school is cancelled due to weather at the discretion of the administration.

## **IX. SPORTSMANSHIP**

### **A. General**

1. Good sportsmanship is fundamental to all interscholastic sports and activities. The teaching and practice of good sportsmanship is one of the major goals of all sports and extracurricular activities.
2. The Board of Education expects that good sportsmanship will be exhibited consistently by all representatives of District #327 (fans, participants, parents/guardians, coaches/sponsors and other staff).
3. The IESA holds the School District and District administrators responsible for good sportsmanship in all athletic and extracurricular activities.

### **B. Good sportsmanship is shown both by attitudes and by actions.**

Examples of specific actions that demonstrate good sportsmanship include, but are not limited to, the following:

1. Cheering for good effort and performance.
2. Congratulating opponents for good performance.
3. Maintaining a highly competitive attitude without degrading or insulting opponents.
4. Willingly accepting the instructions and judgment of proper officials.
5. Learning the rules and strategies of the game or activity.
6. Playing by the rules of the game or contest.
7. Treating opposing players and coaches with respect.

8. Treating judges, referees and other officials with respect. This does not preclude appropriate questions or challenges to referees or other officials in the manner prescribed in the rules for the activity or event.

**C. Poor sportsmanship is shown both by attitudes and by actions.**

Examples of specific actions that demonstrate poor sportsmanship include, but are not limited to, the following:

1. Inappropriate language directed towards coaches, players, or officials.
  - a. Taunts or insults.
  - b. Obscene or profane language.
  - c. Excessive yelling with the obvious intent to be obnoxious or disruptive to the contest or activity in progress.
2. Loss of control - For example, throwing or slamming articles around.
3. Deliberately committed or "Dirty Play" rule violations.
  - a. Obvious or deliberate violations of rules.
  - b. Major or flagrant violations that result in serious penalties:
    - i. Personal fouls deliberately committed.
    - ii. Technical fouls due to deliberate acts.
    - iii. Disqualifications because of deliberate actions.
    - iv. Deliberately rude or insulting behavior.
4. Refusal to accept the decisions of coaches or officials.
5. A player who is ejected from a contest is required to miss the next two contests at the level at which the ejection occurred and all contests in the interim and complete the National Federation of State High School Associations Sportsmanship course. A second ejection by the same player in any sport will result in a five-game suspension and a \$100 fine.

**D. Spectator Conduct and Sportsmanship for Athletic Extracurricular Events**

Because unsportsmanlike conduct affects not only opponents, but also fellow participants and team members, remedial actions appropriate for all affected parties shall be taken following flagrant or deliberate poor sportsmanship or any action which causes significant embarrassment or damage to the reputation and image of Dallas Elementary School District #327.

1. Any person, including adults, who behave in an unsportsmanlike manner during an athletic or extracurricular event, may be ejected from the event and/or denied admission to school events for up to a one calendar year after a Board of Education hearing. Additionally, IESA requires a fan ejected from a contest to complete the NFHS Sportsmanship course before he/she can return to watch contests.

Examples of unsportsmanlike conduct include:

- a. Using vulgar or obscene language;
- b. Possessing or being under the influence of any alcoholic beverage or illegal substance;

- c. Possessing a weapon;
- d. Fighting or otherwise striking or threatening another person;
- e. Engaging in any activity which is illegal or disruptive; and
- f. Harassing participants, coaches, or officials in such a manner as to cause personal embarrassment or serious interference with the normal progress of the activity.

The Superintendent may seek to deny future admission to any person by delivering or mailing a notice, sent by certified mail with return receipt requested, at least 10 days before the Board of Education hearing date, containing:

- a. The date, time, and place of the Board hearing;
- b. A description of the unsportsmanlike conduct;
- c. The proposed time period that admission to school events will be denied;
- d. Instructions on how to waive a hearing.

**E. Poor sportsmanship by coaches/sponsors/staff members and participants:**

- a. Coaches, sponsors, and staff members shall not engage in, promote, or condone unsportsmanlike behavior, since they serve as role models for participants and are generally held responsible for the attitudes and behavior of participants. Poor sportsmanship is never acceptable.
- b. Whenever there has been a flagrant or major act of unsportsmanlike behavior by a student (such as a personal foul, a technical foul for unsportsmanlike behavior in basketball, or any ejection or disqualification in an activity), the coach or director of the activity will determine the immediate actions or consequences that may be appropriate, which may include, but are not limited to:
  - i. A warning or reprimand;
  - ii. A short or long period of non-participation or suspension; and
  - iii. Appropriate apologies.
  - iiii. Other consequences as per principal discretion.

IESA consequences include:

- i. A player who is ejected from a contest will be required to miss the next two contests at the level at which the ejection occurred and all contests in the interim.
  - ii. Complete the National Federation of State High School Associations Sportsmanship course.
  - iii. A second ejection by the same player in any sport will result in a five-game suspension and a \$100 fine.
- c. For students and participants, deliberate or repeated flagrant acts of poor sportsmanship may be considered sufficient cause for suspension, ejection,

or removal from the activity or contest in addition to other discipline that may be imposed by the principal.

- d. As soon as practical following any flagrant or serious act of unsportsmanlike behavior (such as those that result in a major penalty, a disqualification or an ejection), the coach/director will meet with the respective principal to report the immediate actions taken or the consequences determined for the unsportsmanlike behavior, as well as the circumstances surrounding the behavior.
- e. Following the meeting between the principal and the coach/sponsor, reduced or additional consequences may be imposed as deemed appropriate.
- f. For school personnel, all deliberate or repeated flagrant acts of poor sportsmanship may be considered as violations of contract and sufficient cause for suspension from duty or for termination, as well as sufficient reason for nonrenewal of any extra-curricular contract.

## **VI. EXPECTATIONS OF PARTICIPANTS**

Participants are to fully comply with district policies and regulations for participation in athletics and co-curricular activities. Specific rules may be added by coaches or sponsors or the activity director as deemed necessary. Coaches/sponsors may impose certain rules that are stricter than the rules within this handbook with the approval of the administration

1. Only athletes who are members of a team are to be present at practice. There shall be no parents, siblings or friends of athletes present. Coaches may ask high school athletes to help with practices.
2. Participants are expected to observe all training/practice rules.
3. Participants are expected to give their best effort at all times. This is for practices and contests.
4. Participants are expected to represent their school in a positive manner and display outstanding sportsmanship, and high standards of acceptable social behavior.
5. IESA rules 3.042 states students may participate in non-school athletic competition, either as individuals or team members, at any time they are not members of a school team in that same sport. Participation in those teams is encouraged as long as the activity does not conflict with a school sponsored sport or activity. If there is a conflict the student must be in compliance with the school sponsored activity.
6. Participants are to be present for and participate fully in all practices and games/events/contests, unless excused by the coach or sponsor. Participants who know in advance that they will be absent from practice or an event for appointments or other good reasons (excluding participation on another athletic team) must discuss his/her absence with the coach/sponsor in advance. Unexcused absences from practices or games will carry penalties as determined by the coach/sponsor.

7. Athletes who participate in more than one activity or sport at a time, must make DCES activities a priority.
8. It is required that every participant and parent/guardian sign off that they have read, understand, and will implement the activities handbook regulations.
9. If a participant neglects or does not take proper care of his/her uniform, including lost items, they must pay the cost of replacing the individual uniform at a price determined by the activity director.
10. Students may modify their athletic or team uniform for the purpose of modesty in clothing or attire that is in accordance with the requirements of the student's religion or the student's cultural values or modesty preferences.
11. Participants are expected to comply with all rules and directions governed by State sponsored events as well as all team and school rules when attending State events. This would also include any directions and rules given by coaches or other school affiliated adults during the event.
12. It is the responsibility of the participant and their parents to pay for any expenses they committed to before the completion of the season. If the debt is not paid the student will not be allowed to participate in any other sport or activity until debt is paid.
13. It is the responsibility of the participant to return within one week from the end of the season clean uniforms and/or any other clothing or gear issued to the participant during the course of the activity.
14. The student must be in attendance by 10:30 a.m. to participate in an event that evening unless a legitimate, prearranged excuse other than personal illness is used (examples: doctor or dentist appointment, funeral, or family emergency). Weekend activities are governed by Friday's attendance. An athlete who has one or more truanancies or who has been suspended from school may be suspended from participation in athletic activities by administration.

X. **PRACTICE**

No missed practices unless prior approval is received from the coach. The athlete/parent is required to notify the head coach or front office prior to missing practice. (Do not tell a teammate; they can't give you approval.)

- o Be on time: This means you are dressed and ready to play at 3:30 p.m. If an athlete is late to practice, the team coach will give the consequence.
- o Other sports will not infringe on DCES sports practices. If you miss a practice to go and practice another sport, this will count as an unexcused absence.
- o Missing practice for a family function, emergency or vacation will be addressed with each individual family.
- o Being present at practice but not participating will be considered a "missed practice".

The consequences for unexcused absences from practice include not playing in the next athletic contest and/or missing part of the game. Repeated unexcused absences (up to 3) may result in dismissal from the team.



Excused absences will be handled by the appropriate team coach. Possible consequences could include: missing part of the game and/or not starting the contest.

**XI. PLAYING TIME**

Middle school sports are competitive in nature. The amount of playing time is at the coach's discretion. All players who have participated at practices will get playing time. Equal playing time is not guaranteed.

**XII. CODE OF CONDUCT**

The Athletic Code applies to all students who want to participate in athletics. Athletics includes competitive sports and extracurricular activities. This code applies in addition to other rules and regulations concerning student conduct and imposes additional requirements on student athletes.

1. Participation in athletics is a privilege.
2. Those who participate in athletics have a responsibility to favorably represent the school and community. Student athletes are expected to conduct themselves both in and out of school in a manner appropriate to their responsibilities as representatives of the school and district. If a student fails to comply with the terms of this code, the privilege to participate in athletics may be lost in accordance with the terms of this Athletic Code.
3. Misconduct by student-athletes will not be tolerated. Misconduct shall include but shall not be limited to:
  - a) Insubordination
  - b) Any behavior or action which is negligently or intentionally injurious to a person or property or places a person or property at risk of injury or damage.
  - c) Any behavior that disrupts the appropriate conduct of a school program or activity
  - d) Behaving in a manner that is detrimental to the good of the group or school
  - e) Be insubordinate or disrespectful toward the activity's sponsors or team's coaching staff
  - f) Hazing, bullying, or harassment of any kind
  - g) Use of profanity
  - h) Exhibition of poor sportsmanship
  - i) Violations of any school rules or regulations or laws

Examples of prohibited conduct include name-calling, using derogatory slurs, stalking, sexual violence, causing psychological harm, threatening or causing physical harm, threatened or actual destruction of property, or wearing or possessing items depicting or implying hatred or prejudice of one of the characteristics stated above.

### **XIII. DRUGS, ALCOHOL AND TOBACCO**

Except with respect to prescription drugs used by the person for whom such drugs were prescribed in the manner intended by the prescribing medical doctor, the possession, use, distribution, purchase or sale of any alcoholic beverage, drug, drug paraphernalia, controlled substance, look alike, tobacco product or any other substance which, when taken into the human body is intended to alter mood or mental state, including any item or substance which is represented by a student to be, or is believed by a student to be any of the foregoing, regardless of the true nature or appearance of the substance, is prohibited in school buildings, on school buses and on all other school property or school related events at any time. This prohibition shall include all school sponsored or school related activities, whether held before or after, evenings or weekends and shall additionally include a prohibition of the use by a student athlete in any instance where the school can demonstrate a reasonable connection to the school program or school athletic program. For purposes of this procedure, students who are under the influence of prohibited substances shall be treated in the same manner as though they have prohibited substances in their possession.

### **XIV. ELIGIBILITY**

In order to be eligible for interscholastic competition, students must meet the eligibility requirements of the IESA and Dallas Elementary School District #327.

#### **A. IESA Policies**

1. Students can participate through age fourteen (14) at the seventh (7th) grade level and through age fifteen (15) at the eighth (8th) grade level. If a student in either age division turns older from the beginning of the first practice date through the final event of the IESA tournament, he or she will not be qualified to participate at all during that activity season.
2. No student may participate at the same age level for two different school years in the same sport or activity.
3. All students shall be in grades five through eight and shall not have passed eighth grade standing. (In situations where there are too few participants to create a team, students in grade 4 may be invited to participate.)
4. A student shall be doing passing work in all school subjects according to the local school District grading policies.
5. Grades shall be cumulative for the school's grading period. Students who transfer will become eligible to participate on the eleventh (11th) attendance day, if they meet all other eligibility requirements.

#### **B. Dallas Elementary School District #327 Policies**

All eligibility rules established by the IESA will be in effect at Dallas Elementary School District #327 unless superseded by the existing guidelines at Dallas Elementary School District #327.

1. The building principal has ultimate authority and responsibility for all decisions regarding student eligibility. Actions or rulings regarding eligibility do not require a formal hearing for students, only a determination of the actual facts involved in a particular matter.
2. Participants in athletics and/or co-curricular activities must be earning a grade of 60% or higher in each class to remain eligible. If students earned a grade of "incomplete" on the spring of 2021 report card, students must complete the missing assignments, or comparable work as assigned by the teacher(s), before participation in extracurricular activities is allowed. For fall sports, the first eligibility check shall be made following the first full week of attendance at the beginning of the school year. During the succeeding weeks of the school year, eligibility checks shall begin the week prior to the first contest in the activity.
3. The participant, coach/sponsor, and parents will be notified if a participant becomes ineligible. All eligibility is figured at noon on Wednesday, or the day before the last day of attendance of that week. Ineligibility will be for the following week, Sunday through Saturday. Administration and or the Activities Director will notify coaches, all participants and their parents of the ineligibility.
4. Participants who are ineligible may not participate in games but **are expected to be at practices and attend all athletic events**. The athlete is to sit on the bench with the team, not in uniform, and remain with the team throughout the game.
5. If a co-curricular activity occurs only once per year then eligibility will be checked on those participants beginning four weeks prior to their event. For band, chorus, and speech, eligibility rules apply for competition events only.
6. Participants who are listed as ineligible for a third time during the course of a season are no longer allowed to be a member of the team. The principal and/or superintendent shall have the authority to make the final decision on all eligibility matters. Eligibility checks will begin the week prior to the first contest in an activity except for those contests that occur once a year.
7. Any participant suspended from school may not participate or attend any event or practice on the date(s) of the suspension. A participant who is suspended on Friday may not participate during the weekend.
8. Before participating in any co-curricular activity, the student must have school insurance or his/her own insurance and an emergency form on file with the coach before participating in any practice or athletic contest. A current physical must be on file for any student before he/she can participate in any athletic practice or sport. A physical examination is good for one full year.
9. The student must be in attendance by 10:30 to participate in an event that evening unless a legitimate, prearranged excuse other than personal illness occurs (doctor or dentist appointment, funeral or family emergency.)

10. If an athlete has a medical excuse, which allows him/her to be excused from participating in physical education, then the athlete cannot participate in any athletic practice or contest for the duration of the medical excuse.

**XV. PHYSICAL EXAMINATION / INSURANCE**

1. Athletes must provide documentation of a current physical to the Dallas City or La Harpe school office no later than July 15th.
2. A current certificate of physical fitness issued by a licensed physician, an advanced practice nurse or physician assistant must be on file for any student wishing to participate in athletics at Dallas City Elementary. A sports physical examination is good for thirteen months.
3. Documentation of insurance must be on file for each student participating in athletics.
4. No student/athlete may practice or participate without a current physical and documentation of insurance.
5. The Athletic Director and head coach in each sport will ensure complete compliance with these requirements before students may practice or participate.

**XVI. TRANSPORTATION**

1. Sponsors/Coaches will be in charge of students from the time they leave school until they return.
2. All participants must ride school provided transportation to all events. In case of serious emergency or unusual hardship exceptions may be made with prior approval of the coach. Failure to be on time for the bus is not considered a hardship or an emergency.
3. Coaches and/or sponsors will have a sign out sheet at each away event. Parents must sign their child out, indicating that their child is now in their custody.
4. Parents who want their child to ride with another parent home from an event must make arrangements with the building principal, school office or coach and submit the request in writing. Oral requests will not be honored and oral permissions are not valid.
5. It is a privilege to ride the bus. If the student is removed from any bus (regular route, field trips, or extra-curricular) for a disciplinary reason, he/she is not eligible to ride any buses until reinstated. If he/she cannot ride a bus, then he/she may not participate in away games or activities.
6. Sponsors/Coaches are responsible for remaining with the students until all students have been picked up from an event or practices. Students who are riding the bus home from an event will make contact with their parents on the way home giving an approximate time of arrival at a drop off location. Parents must be at the location when students arrive, and must pick up students at ending time from any practices.

## **XVII. GRIEVANCE / CHAIN OF COMMAND**

Before the start of each sport, the head coach will conduct a mandatory parent meeting regarding rules, regulations and additional team rules will be distributed at that time. If at any time, an athlete or parent has an issue/concern with a coach or program, the below process should be followed:

- 1) Athlete meets with the coach to discuss the problem
- 2) Parents and/or athlete meet with the coach
- 3) Parents and/or athlete meet with the Athletic Director and/or Principal
- 4) Parents schedule a meeting with the District Superintendent
- 5) Parents request a meeting with the Board of Education

Coaches should never be approached to discuss a problem or complaint immediately following a game.

### **24 Hour Rule**

Adults, parents, guardians and spectators, are not to approach a coach to discuss a situation, game, a game incident or a situation that occurred during the game that has provoked an adverse emotional response or a hostile situation until at least **24** hours after the fact.

## **XVIII. SOCIAL MEDIA**

Student participants are respected representatives of the Dallas City Elementary School, and their behavior is subject to scrutiny by their peers, community and the media. The actions of a single student-athlete can reflect positively or negatively not only on the individual student participants, but also on his or her team, coaches and the entire school campus. Therefore, student participants are expected to represent themselves and DCES with honor, dignity and integrity at all times – including when interacting on social networking websites and in other online environments.

The popularity of social networking websites (e.g., Facebook, Twitter, Vine, YouTube, Instagram, Snapchat, Blogspot, etc.) has grown tremendously during the last few years. These websites can serve as valuable communication tools when used appropriately. The use of social media, however, has the potential to cause problems for both the student participants and the school environment. Almost anything a student participant posts on a social networking site may be viewed by others, and both the media and the general public are more likely to view the profiles of student participant than the profiles of other students

### **Social Networking Recommendations**

Student participants should be very careful about what personal information they share on the internet. For their own security, protection and welfare and that of their

teammates and friends, DCES strongly recommends and advises student participants to:

- Keep phone numbers, physical addresses, birthdates, current whereabouts, travel plans and other personal information strictly confidential. This information should not be contained in a student-athlete's personal online profile.
- Limit the access of others to e-mail addresses and screen carefully those whom a student athlete may accept as "friends" on a social networking site.
- Use whatever security and privacy features are available to restrict the ability of others to view a student athlete's site or to post pictures, messages and other content on a student athlete's site.
- If an individual contacts a student-athlete via a social networking site and the nature of the contact makes the student-athlete concerned for his or her safety or uncomfortable in any way, the student-athlete should immediately contact a parent, a coach, athletic director or principal.

### **Rules Regarding Social Networking Sites**

Participation in Athletics and extracurricular activities is a privilege and not a right. As a condition of being a student athlete/participant at DCES, students must abide by the following rules related to the use of the internet and social networking sites:

1. Any postings or communications via social networking websites which disrupt either the educational or athletic environments or which advocate the violation of any school or team policy would be unacceptable.
2. Student-athletes may not post online any pictures, information or other content that might cause embarrassment to themselves, fellow student-athletes, teams, coaches or the school (examples: obscene images or language, nudity, references to drugs, sex, or illegal activities).
3. Student-athletes may not post any content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual, teammate, coach, faculty member, or entity (examples: derogatory comments regarding another school; taunting comments aimed at a student-athlete, coach or team at another school). No posts should depict or encourage unacceptable or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).
4. Student participants may not post any content online that would constitute a violation of the DCES Student Code of Conduct.
5. Student participants may not post any information that is sensitive or personal in nature or the school which is not public information (examples: student-athlete injuries and eligibility status).
6. Student participants are required to abide by all laws related to the use of the internet (including state and federal privacy laws), and student participants are personally liable for any violations of those laws.

Student participants at DCES are required to abide by rules set forth in these guidelines. The failure to do so will be considered a violation of the student participant code of conduct and/or the DCES student code of conduct. The violation may result in disciplinary action by the school administration.

**XIX. PROCEDURES WHEN ILL OR INJURED**

Student participant health is of concern to coaches and every member of your team. In the event a student participant feels ill or injured, the student participant should notify the coach. Even minor injuries can become serious; therefore, all injuries should be reported. Any sickness/injuries will be addressed with the athlete's best interests in mind.

If an athlete is injured and has visited a doctor, a release note is REQUIRED from the doctor BEFORE the student will be allowed to resume practice.

A participant who has been excluded from PE by a licensed medical professional will not be allowed to participate in practices or games until released.

Whenever a student participant is injured or has an illness of a minor nature, he/she is required to dress out (but not participate) and stay with the team during the workout or practice. Participants learn from each practice session, whether he/she is actually practicing or simply observing.

**XX. STUDENT ATHLETE CONCUSSION AND HEAD INJURY**

Before being allowed to participate in a sporting activity, a student must have a signed documentation agreeing to comply with the School District's policies and procedures on student athletic concussions and head injuries.

A student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion in a practice or a game will be removed from participation or competition at that time. A student athlete who has been removed from an interscholastic contest for a possible concussion or head injury may not return to that contest unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer. If not cleared to return to that contest, a student athlete may not return to play, practice, P.E. or recess until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.





2022-2023 ACTIVITIES HANDBOOK Signature Page

**Student Acknowledgement and Pledge**

I acknowledge receiving and/or being provided electronic access to the Activities Handbook. I have read these materials and understand all rules, responsibilities and expectations. In order to help keep my school safe, I pledge to adhere to all IESA policies, School and School District rules, policies and procedures.

I understand that the Activities Handbook and School District policies may be amended during the year and those changes are available on the School District website or in the school office.

I understand that my failure to return this acknowledgement and pledge will not relieve me from being responsible for knowing or complying with School and School District rules, policies and procedures.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

**Parent/Guardian Acknowledgement**

I acknowledge receiving and/or being provided electronic access to the Activities Handbook. I have read these materials and understand all rules, responsibilities and expectations.

I understand that the Activities Handbook and School District policies may be amended during the year and those changes are available on the School District website or in the school office.

I understand that my failure to return this acknowledgement will not relieve me or my child from being responsible for knowing or complying with School and School District rules, policies and procedures.

I further understand any person, including adults (ex. parents/guardians), who behave in an unsportsmanlike manner during an athletic or extracurricular event, may be ejected from the event and/or denied admission to school events for up to a one calendar year after a Board of Education hearing. Additionally, a fan that is ejected will be required to complete the NFHS Sportsmanship course before he/she can return to watch contests.

Examples of unsportsmanlike conduct include:

- a. Using vulgar or obscene language;
- b. Possessing or being under the influence of any alcoholic beverage or illegal substance;
- c. Possessing a weapon;
- d. Fighting or otherwise striking or threatening another person;
- e. Engaging in any activity which is illegal or disruptive; and
- f. Harassing participants, coaches, or officials in such a manner as to cause personal embarrassment or serious interference with the normal progress of the activity.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date